

International Bioresource Conclave & Ethnopharmacology Congress

CULTURAL PROGRAMME

February 24, 2023 at 6:30PM to 7:30PM
Venue: Hotel Imphal



1. MaibiLaiching : One of the most popular festivals in the valley of Manipur, the Lai Haraoba mirrors the unique heritage of the ancient Pre-Vaisnavite Tradition. The Lai Haraoba Dance led by Maibas and the Maibis symbolize the creation of life and growth of civilization in a highly rhythmic and absorbing style and is performed before the Umang-Lai to bring peace and prosperity to the land and its people. It is part of the Lai-Haraoba festival. **8-min**



2. Thougal Jagoi : Thougal jagoi is another part of the famous Laiharaoba festival performed before the God and Goddess praying for peace and prosperity to the land. **14-min**



3. Thang Apunba Haiba (Decorated Group Sword Dance): There are different styles of movements for sword and spear. It can be composed into dance form for stages only and the item is specially designed to perform on the stage. The item tries to showcase a group of five skilled swordswomen using two swords to present the skills of free movements with the perfect skills of the techniques of using swords. **5-mins**



4. Thang Ahumyanaba (Triple fights one versus two men): This style of fighting is composed from three steps of sword. In this fight one swordsman handling swords in both hands make a contest against two expert sword holders with shield. These swordsmen use an exciting step so as to cover himself with the two swords from possible attacks and tries to offend and attack against the two experts. **4-min**



5. Manipuri Folk Music (Khunung Esei): Traditional folk songs of Manipur are often describing the beauty of landscape flower nature even the sweet chirpings and rhythm of the flow of water and echoing sound of the wing blowing in our world. The imageries created by its tune and lyrics are very authentic with its own aesthetical exposition. The whole singing by style with high pitch and tonal qualities are peculiar to the Manipurites and it has been evolved in course of centuries from the soil of Manipur. **8-min**



6. Shim Lam : Shim lam (fly dance) is a Kabui Dance of Manipuri. According to the Kabui legend there lived a strange prophet named "MAHUG" who was the creator of law of all the creatures on earth. MAHUNG performed a great sacrifice called 'Jouru-me' to which all the creatures were called. Each of the species performed their respective dance. This dance imitating the movements of the fly as seen during Gang-Ngai Festival of the Kabuis. **10-min**



7. Sword & spear fighting-5min



8. Dagger fighting - 4 min



9. Pung Cholom: Is part of the famous Nata Sankirtana which has been acclaimed as a "Mahayagna" by the Hindu Vaishnavites. The Manipuri tradition of Pung cholom is a great artistic creation considered to be the rarest of the rare art forms specially designed and choreographed for stage performances. Pung Cholom is the show of the artistic excellence and agility in the part of the drummer who dressed in spotless white dhoti and turban with a drum hanging from his shoulders. His ability to perform with great artistry and excitement without distorting the essential Talasis unmistakably a treat for all. Today, Pung cholom is one of the best in the realm of great performing arts. **5-min**



10. Basanta Ras : Basanta Ras is one of the five traditional Manipuri Ras leelas, based on the Bhagavata tradition of the Sringara Rasa of the Lord Krishna and his gopis led by Shrimati Radhika conceived by the great gurus of Manipur. The Gopies led by Radhika responding to the flute of the lord came to the appointed grove and danced together and concluded with the Milan of the Lord Krishna and Radhika. **25-min**